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Fr. Kapaun Pilgrimage
Walking the Path
to Heaven
May 5 - 7 2023

Through his life and sacrifice to God's will, Father Emil Kapaun epitomizes the highest reaches of spiritual excellence

and patriotism, showing us clearly what we are called to do for God, those in need, duty to our family and service to our country.

Each year hundreds of pilgrims visit the heartland of Kansas to visit the hometown of Servant of God Emil Kapaun. They do it not only to remember the heroic Catholic priest and Army chaplain who is on the path to sainthood but to discover the true meaning of their own unique paths to sainthood.

As a result of his courageous service to God and country, Fr. Kapaun received the Medal of Honor and to this day is the most decorated Chaplain to serve in the US Army.

Our group will travel to Wichita KS on May 5th and return on May 7th. Contact Bob Eilenfeldt at reilenfeldt@gmail.com or mobile phone 817-821-8215 for detailed information. Great video links:

<https://www.youtube.com/watch?v=jRhpoZ47Zms>

<https://www.youtube.com/watch?v=BN9O8i8dFj0>

<https://www.youtube.com/watch?v=2PgPGsQa9Ek>



Music for Our Conference Performed by:

Ex Spiritus

Praise & Worship Band

Stephen Trevino, Mike Lampabi & Eric Voelker



Welcome to Ex Spiritus
with Fr. Zack Burns

The North Texas Catholic Brothers For Christ, Leadership Team and volunteers feel blessed for your participation today as we discuss spiritual excellence and patriotism as a Catholic man in the 21st Century.

In general, what does Ex Spiritus mean?

It means filled with the Holy Spirit. Jesus breathed the Holy Spirit into His disciples at Pentecost. This spiritual power renewed their faith, focused their purpose and inspired their boldness in proclaiming the message of eternal salvation through the sacrifice of Jesus Christ.

There are five aspects

First, we gather together for a meal. You experience true Christian Community when you share a meal with new brothers in the Lord.

Second, we praise and worship the Trinity. This helps you experience more of the indwelling of the Holy Spirit.

Third, Our speaker **Fr. Zack Burns**, shares his message with us. His topic explores what it means to be a Catholic man striving for spiritual excellence in 21st Century USA.

Fourth, you will have the opportunity to participate in Eucharistic Adoration, where you privately listen to God's instructions for any changes necessary for your life.

Fifth, this gathering will conclude with an opportunity to go to the Sacrament of Reconciliation. Through fervent prayers and openness to God, this time will help you heal and become stronger in your faith and love God more.



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This spiritual transformation will inspire others in your life to desire the power of love that emanates from your heart. When they witness with their own eyes, ears and hearts the new you, a true disciple of Jesus Christ, they will want to change also and it turn affect positively those around them.

This is the first order of business. You must become the spiritual leader of your family. You must live your faith in real time to influence the faith of your spouse and your children.

St Paul, in Romans 12:2 says, *“Do not conform yourself to this age, but be transformed by the renewal of your mind, that you may discern what is the will of God, what is good and pleasing and perfect.”*

The Beatitudes teach you how to live for God. Through the indwelling of the Holy Spirit, you experience the true meaning of Ex Spiritus.

We invite to you to join us in the battle against the evils of this age and change our culture for the better. Renew your faith. Open your heart to the Holy Spirit. Allow God to speak to you!

Conference Theme

“Striving for Spiritual Excellence & Patriotism in the 21st Century”

This year’s theme highlights our duty as men to heed God’s call to righteousness, and our patriotic duty to protect and pass along the Christian principals that this country was founded on, to our children, friends and all around the world so His Word will flourish all-the-more and drive out the darkness of our times.

We hope that your attendance at today’s conference will inspire you to proclaim the wisdom of the Gospel within your family, to your friends and strangers by engaging all that are in need of help in their spiritual journey on Earth.

We pray that God bless and strengthen you each day!

Introducing Our Conference Speaker:



Fr. Zachary Burns, TOR has been serving as a Parochial Vicar at Good Shepherd Catholic Community since June of 2020. He grew up in Northeastern Pennsylvania and obtained a Bachelor of Science degree in Elementary and Special Education from Saint Francis University in Loretto, PA in 2012. He worked as a teacher in his hometown school district for one year before entering formation with the Franciscans of the Third Order Regular.

Fr. Zachary professed his first vows with his TOR community in May of 2015, and was ordained to the priesthood in July of 2020. In addition to his vocation, he loves Taco Bell, baseball, longboarding, and running really long distances.



Our special thanks and gratitude to the members of the Knights of Columbus Council 13520 for their support and help today.

Today’s Agenda

7:30	Mass
8:00	Gathering and fellowship Breakfast in gym
8:30	Praise and Worship music in Family Life Center
9:00	Opening prayer, Welcoming remarks
9:15	Speaker - Father Zachary Burns
10:15	Break
10:30	Q&A with Father Zachary Burns
10:50	Recognition. Love Offering and Spring Event Announcement
11:10	Catholic Brothers for Christ Spring Pilgrimage - Fr. Kapuan (video)
11:30	Eucharistic Adoration and Reconciliation in Sanctuary
12:30	Conference Ends

Resource Tables - Open Until 12:30 PM

Divine Praises

Blessed be God. Blessed be His Holy Name.
Blessed be Jesus Christ, true God and true Man.
Blessed be the Name of Jesus. Blessed be His Most Sacred Heart. Blessed be His Most Precious Blood. Blessed be Jesus in the Most Holy Sacrament of the Altar. Blessed be the Holy Spirit, the Paraclete. Blessed be the great Mother of God, Mary most Holy. Blessed be her Holy and Immaculate Conception. Blessed be her Glorious Assumption. Blessed be the Name of Mary, Virgin and Mother. Blessed be St. Joseph, her most chaste spouse. Blessed be God in His Angels and in His Saints.